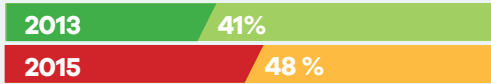


# Cardiff & Vale University Health Board/Bwrdd Iechyd Prifysgol Caerdydd a'r Fro

## HOOKED ON SPORT WEDI GWIRIONI AR CHWARAEON

Cardiff & Vale University  
Health Board/Bwrdd Iechyd  
Prifysgol Caerdydd a'r Fro



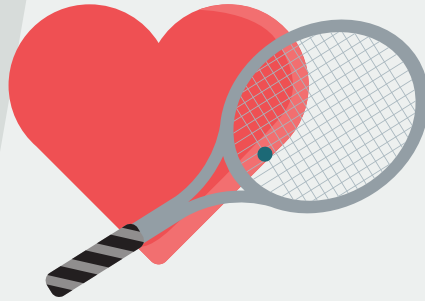
All Wales/Cymru Gyfan



# 63%

of pupils enjoy  
PE lessons 'a lot'

o ddisgyblion yn mwynhau  
gwersi AG 'yn fawr'



# 80%

of pupils are confident  
trying new activities

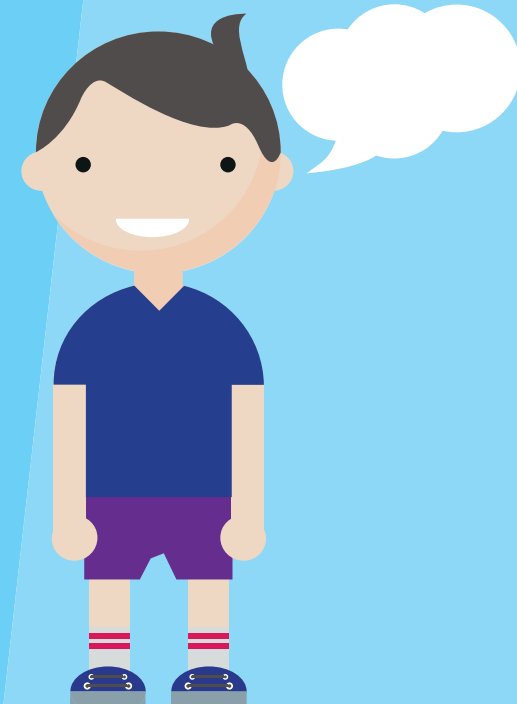
o ddisgyblion yn  
hyderus i roi cynnig  
ar weithgareddau  
newydd



# 31%

of pupils feel their ideas about  
PE and sport are 'always'  
listened to

o ddisgyblion yn teimlo bod eu  
syniadau am AG a chwaraeon  
yn cael sylw 'bob amser'



# 96

Average number of minutes  
per week allocated for PE

Nifer y munudau yr  
wythnos ar gyfartaledd  
a neilltuir i AG



# 73%

of pupils participate in  
extracurricular sport

o ddisgyblion yn cymryd rhan  
mewn chwaraeon allgyrsiol

