

**National Institute for Health and Clinical Excellence**

**PUBLIC HEALTH INTERVENTION – Workplace Physical Activity**

**Consultation on the Draft Guidance from  
21<sup>st</sup> December 2007 to 25<sup>th</sup> January 2008**

**Comments to be received no later than 5pm on Friday 25<sup>th</sup> January 2008**

**Stakeholder Comments**

Please use this form for submitting your comments to the Institute.

1. Please put each new comment in a new row.
2. Please insert the **section number** in the 1<sup>st</sup> column. If your comment relates to the document as a whole, please put '**general**' in this column

<b>Name:</b>		<b>Dr Rachel Hughes</b>
<b>Organisation:</b>		<b>Sports Council for Wales</b>
<b>Section number</b>  Indicate <b>section number</b> or ' <b>general</b> ' if your comment relates to the whole document	<b>Page Number</b>	<b>Comments</b>  Please insert each new comment in a new row.
Recommendation 2	5	In Recommendation 2, it is suggested that organisations introduce multi-component programmes. Whilst the guidance suggests that these should be monitored, we would like the guidance to elucidate why these types of programmes should be monitored. Monitoring would help to improve the knowledge base and help shape the intervention practically.
Recommendation 3	5	We believe that Recommendation 3 is very simplistic.
Recommendation 4	6	We suggest that Recommendation 4 should come before Recommendation 3.
Recommendation 3	5	Recommendation 3 should only be considered once Recommendations 1, 2, and 4 have been completed and deemed to be appropriate.
The Guidance	8	Why is this guidance only applicable for England? How different are the other home nations?
3.2	9	We're concerned that despite recognising that there was little evidence from the UK, PHAC considered that it was sufficiently applicable to inform recommendations. This is also not picked up in Appendix D when the document states what gaps there are in the evidence.
3.6	9	We agree with this point; however we would like it to be expanded. Physical activity has to become a habit and be seen as part of our lifestyle not something else you have to do. For this to happen ongoing support, encouragement and variety of opportunities has to be essential.
3.7	10	Although the guidance states that it not generally possible to determine which part of a multi-component programme is responsible for a particular change, this is not stipulated as a 'gap in the evidence' in Appendix D.

Please add extra rows as needed

Please return the comments form to: [workplacephysicalactivity@nice.org.uk](mailto:workplacephysicalactivity@nice.org.uk)

*NB: The Institute reserves the absolute right to edit, summarise or remove comments received on during consultation on draft guidance where, in the reasonable opinion of the Institute, they may conflict with the law, are voluminous or are otherwise considered inappropriate.*

**National Institute for Health and Clinical Excellence**

**PUBLIC HEALTH INTERVENTION – Workplace Physical Activity**

**Consultation on the Draft Guidance from  
21<sup>st</sup> December 2007 to 25<sup>th</sup> January 2008**

**Comments to be received no later than 5pm on Friday 25<sup>th</sup> January 2008**

**Stakeholder Comments**

Please use this form for submitting your comments to the Institute.

1. Please put each new comment in a new row.
2. Please insert the **section number** in the 1<sup>st</sup> column. If your comment relates to the document as a whole, please put '**general**' in this column

<b>Name:</b>		<b>Dr Rachel Hughes</b>
<b>Organisation:</b>		<b>Sports Council for Wales</b>
<b>Section number</b>  Indicate <b>section number</b> or ' <b>general</b> ' if your comment relates to the whole document	<b>Page Number</b>	<b>Comments</b>  Please insert each new comment in a new row.
3.12	10	We suggest that this point needs to be expanded. A large proportion of companies in the UK are SME, and just to state 'their needs may be different to large organisations' is disappointing. We have experience of working with SMEs in this area and have found that it is sometimes easier to do things with SMEs due the nature of them. The document seems to focus only on large organisations and may be seen as irrelevant to SMEs.
General		We believe that NICE should advise organisations to monitor and evaluate their interventions so as to increase the knowledge base. We recognise that this may not always be methodologically robust or rigorous; however, anecdotal evidence is useful and at the very least organisations should be evaluating the intervention to help shape its development.
General		There is no reference to providing bespoke facilities at the workplace (changing, physical activity space, etc..) and the roll they play in promoting activity. It's no good encouraging cycling to work if there is nowhere to change when you get there...
General		There is no mention of the importance of people development within the guidance. Getting the right people, with the right skills is essential in terms of the impact of an intervention.
General		Whilst this guidance clearly is focussed on 'workplace', we feel that it would be appropriate to make reference to the fact that workplace is only one part of the solution to getting people active. Recognition that other spaces/places have a part to play (e.g. family activity, sports clubs, doorstep opportunities etc) would be helpful for enabling people to become more active generally.

Please add extra rows as needed

Please return the comments form to: [workplacephysicalactivity@nice.org.uk](mailto:workplacephysicalactivity@nice.org.uk)

*NB: The Institute reserves the absolute right to edit, summarise or remove comments received on during consultation on draft guidance where, in the reasonable opinion of the Institute, they may conflict with the law, are voluminous or are otherwise considered inappropriate.*

National Institute for Health and Clinical Excellence

PUBLIC HEALTH INTERVENTION – Workplace Physical Activity

Consultation on the Draft Guidance from  
21<sup>st</sup> December 2007 to 25<sup>th</sup> January 2008

Comments to be received no later than 5pm on Friday 25<sup>th</sup> January 2008

Stakeholder Comments

Please use this form for submitting your comments to the Institute.

1. Please put each new comment in a new row.
2. Please insert the **section number** in the 1<sup>st</sup> column. If your comment relates to the document as a whole, please put '**general**' in this column

<b>Name:</b>		<b>Dr Rachel Hughes</b>
<b>Organisation:</b>		<b>Sports Council for Wales</b>
<b>Section number</b> Indicate <b>section number</b> or ' <b>general</b> ' if your comment relates to the whole document	<b>Page Number</b>	<b>Comments</b> Please insert each new comment in a new row.
General		Whilst the guidance does cover employee involvement, we feel that this could be expanded to show how the stages of involvement could be pieced together to produce an action plan for the intervention, for example: <ul style="list-style-type: none"><li>▪ Identification of key / cross-section of employees</li><li>▪ Identify barriers to participation</li><li>▪ Identify potential activities (recommended by staff)</li></ul>

Please add extra rows as needed

Please return the comments form to: [workplacephysicalactivity@nice.org.uk](mailto:workplacephysicalactivity@nice.org.uk)

*NB: The Institute reserves the absolute right to edit, summarise or remove comments received on during consultation on draft guidance where, in the reasonable opinion of the Institute, they may conflict with the law, are voluminous or are otherwise considered inappropriate.*